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SCHEDULE YOUR NEXT DENTAL EXAM



# Better smiles, better health

Preventive dental care helps keep your teeth their best and your whole body healthy. And regular exams are part of your Aetna Dental® plan.



## Lower your risk of medical issues

Regular dental visits can help prevent problems like:

- Heart disease
- Stroke
- Elevated blood sugar
- Early delivery during pregnancy
- Rheumatoid arthritis
- Basic and major dental services

Plus, you can save money by preventing major medical costs before they happen.



## Extra perks for your whole health

Along with your regular exam, you may qualify for extra dental services that are:

- Available at no extra cost
- Not subject to a deductible or coinsurance
- Not going to count against your annual maximum

Just ask your dentist when you get your checkup.



## Schedule your exam today

Just visit [Aetna.com](#) to find a provider near you. You can even search member reviews and ratings.

## Questions?

Just call **1-877-238-6200 (TTY: 711)**,  
Monday to Friday, 8 AM to 6 PM ET.

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